

WHEREAS; mental health includes one’s emotional, psychological, and social well-being, and it affects how one thinks, feels, acts, handles stress, relates to others, and makes choices; and

WHEREAS; mental health conditions are real and prevalent in the lives of Wisconsinites of every age and in every corner of the state, and ensuring that all Wisconsinites have adequate access to mental health services is essential to the overall health and wellness of the state; and

WHEREAS; mental health professionals, along with personal support systems, can help folks embrace and access the tools needed to address mental health needs, build resilience, and take a step towards a happier and healthier future; and

WHEREAS; while working to ensure that quality, culturally-appropriate mental health services are accessible and affordable, the stigma that surrounds mental health challenges—that far too often prevents individuals from seeking help—must also be addressed; and

WHEREAS; the state of Wisconsin has been proud to advance and support unique and innovative solutions that address the need for increased mental health resources and services, including through efforts to increase funding for school-based mental health services for kids, initiatives to address and support veteran mental health, and resources for individuals struggling with substance use and other mental and behavioral health disorders; and

WHEREAS; this month, the state of Wisconsin recognizes the importance of mental health to overall health, affirms that mental and behavioral healthcare is healthcare, and encourages all Wisconsinites to take good care of themselves and one another;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,  
do hereby proclaim May 2024 as

## **MENTAL HEALTH AWARENESS MONTH**

throughout the State of Wisconsin and I commend this observance  
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 26th day of April 2024.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State